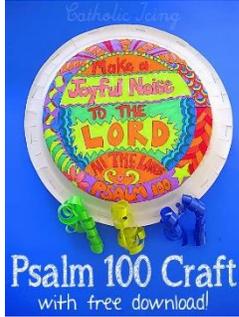


Praise God – preschool  
Psalm 100 (from Adam Hamilton’s, “The Walk”)  
May 15, 2022

## Gather:

Do you have a favorite song? What is it? Did you know we can worship God through songs? When we sing at church, we can tell God how much we love Him!

## Musical Masterpieces



Today we’re going to talk about Worship and praising God. We’re going to start by making some musical instruments. [Catholic Icing](#) has some information on making a tambourine.

However, your imagination doesn’t need to be limited. Use whatever materials you have at home to construct an instrument. Use recycled plastic containers or paper tubes to make shakers. Decorate the outside and add some beans or rice to shake. Create a guitar out of a Kleenex box and some rubber bands.

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## EXPLORE

Our topic today is worship. When we worship, we praise God and tell him we love him and we thank Him for all He’s given us.

There is a book in the Bible called the Book of Psalms. These are songs people used to sing when they thanked God, when they were happy or when they were sad. One of these songs is praising or thanking God for all the wonderful things he’s made. This is Psalms 100. Here’s a [sung version](#) of the Psalm you can listen to.

Singing is one way to tell God how much we love Him. What else can we do to tell or show God, we love Him? We can worship God in all kinds of ways. Sometimes when we worship, we dance and sing and jump and shout.

Let’s try these 3 different activities:

- Invite your child to shout “Praise God!” loudly.
- Have your child sing “Jesus Loves Me” while running in place.
- Have your child spin around three times and sit down in slow motion.

We’ve just worshiped God! We can also worship God quietly. We can sit or lay down and think of all the wonderful stories we’ve heard in the Bible about God. Can you think of a story in the Bible you remember?

- Watch [“Praise God”](#)

**Prayer:** Dear God, thank you for being good, loving us, and never leaving us. Help us to sing about your goodness this week. Amen.

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**Additional Ideas for this lesson**

Play some worship songs and use your instrument to praise God. This week try to set aside time to sing a worship song to tell God how much you love Him!

If you'd like an additional craft, this [website](#) has information on all kinds of flowers you can make with preschoolers. You can use this craft to talk about God's wonderful creation and how we can thank God for all the special things He has made.

Take a walk outside and praise God for all the wonderful things you see. Remind kids God created things in the sky and things on land. He created all the people. As you walk around, have kids point to something they see and say, "Praise God for ...."