

Praise God – school age  
Psalm 100 (from Adam Hamilton's, "The Walk"  
May 15, 2022

## Gather:

Do you have a favorite song? What is it? Did you know the Bible has songs in it? The Book of Psalms is full of songs for your every mood. There are all sorts of songs about all sorts of things: love, hate, enemies, danger, illness, hard times, good times, bragging, hope, death and life. If you have felt it, it's probably in there!

Today we're going to look at one of the Psalms and talk about how to worship and praise God.

## Prayer:

God, you have filled this room with great kids! (Praise God!)

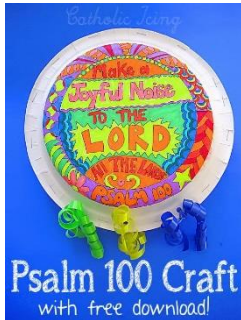
You give us moon and stars, sun and rain. (Praise God!)

You sent us your Son, who died and rose for us. (Praise God!)

We're just little people on a crowded earth, but you know and love us all. (Praise God!)

Amen, Amen, Amen! (Praise God!)

## Musical Masterpieces



Today we're going to talk about Worship and praising God. We're going to start by making some musical instruments. [Catholic Icing](#) has some information on making a tambourine.

However, your imagination doesn't need to be limited. Use whatever materials you have at home to construct an instrument. Use recycled plastic containers or paper tubes to make shakers. Decorate the outside and add some beans or rice to shake. Create a guitar out of a Kleenex box and some rubber bands.

OR

## Gratitude Journals (older kids)

- Give your child a stack of paper (3 whole punched)
- Tie a ribbon through the holes in order to bind the stack of papers together.
- Have your child decorate the cover of the journal.
- Encourage your child to write or draw something they are grateful for today on the first one to three pages. Invite them to keep writing in their journal in the week ahead, writing one thing that they are grateful for each day.

This journal will help us to remember God's goodness and love. Whenever you are grateful for God's love and goodness, you can write or draw it in your journal.

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## EXPLORE

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Our topic today is worship. When we worship, we praise God and tell him He is worth our attention, gratitude and love. People used the Book of Psalms for their worship services or whenever they needed a song to sing.

- Watch "[Praise God](#)"

We can worship God in all kinds of ways. Do you know any of the ways we can worship God? One way to worship is to sing praises, play instruments, and dance. We can also praise God through our prayers.

Let's look at one of the Psalms, Psalms 100.

## **A Call to Praise God**

### **A song of thanks.**

**100** Shout to the Lord, all the earth.

<sup>2</sup> Serve the Lord with joy.

Come before him with singing.

<sup>3</sup> Know that the Lord is God.

He made us, and we belong to him.

We are his people, the sheep he tends.

<sup>4</sup> Come into his city with songs of thanksgiving.

Come into his courtyards with songs of praise.

Thank him, and praise his name.

<sup>5</sup> The Lord is good. His love continues forever.

His loyalty continues from now on.

What does this Psalm mean to you? What are the different parts of praising God that you see?

- Verse 1 teaches us that the Lord rules over all of the earth and when we shout with joy it's an expression of gratitude for His power.
- Verse 2 shows us that worship is a service to the Lord and we should enjoy it and we express it when we sing with joy.
- Verse 3 reminds us that the Lord is in control of all things, He is our creator, and that we belong to Him.
- Verse 4 talks about coming into the Lord's presence with gratitude and praise.
- Verse 5 speaks of God's goodness, eternal love, and continual faithfulness.

Play some worship songs and use your instrument to praise God. This week try to set aside time to sing a worship song to tell God how much you love Him!